

Spring/Summer
2020

FOOD FESTIVAL

BY Aspens

2nd March, 23rd March, 13th April, 4th May, 25th May, 15th June, 6th July, 27th July,
7th Sept, 28th Sept

WEEK
ONE

MONDAY
Family
Faves

TUESDAY
Authentic
Italian

WEDNESDAY
Baking
British

THURSDAY
Food
Festival

FRIDAY
Fun
Day

Main
Event

Bangers & Mash
Pork chipolata served
with mash, green
beans and gravy

Margherita Pizza
Cheesy tomato
topped pizza with
seasonal salad and
garlic slice

Roast Chicken
Boneless chicken with
crispy roasties fresh
cauliflower and gravy

Chicken Curry
Marinated chicken
thigh pieces in a mild
curry sauce with rice
and fresh courgettes

Fish Fingers
Golden breaded
Pollock or Salmon fish
fingers with chips and
peas

Vegetarian
Section

Quorn Bangers
Quorn sausages with
mash, green beans
and gravy

Pasta Napolitan
Wholemeal Penne,
tomato sauce
seasonal salad and
garlic slice

Cheese Pinwheels
Toasty cheese
spirals with crispy
roasties and
cauliflower

Sweet Potato Bali
Lightly spiced sweet
potato, chickpea
and lentil curry with
rice and fresh
courgettes

Picnic Pita
Quorn dippers and
minty cucumber salad
with chips and pita
pocket

Packed
Lunch
Jacket
Potatoes

Pick and Mix Deli
Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

Crispy Skin Jacket Potato with Toppings

**Tutti Frutti
Sponge**
Dried fruit and cherry
cake served with
custard

**Sticky Orange
Cake**
Zingy orange cake
made with polenta

Cheesecake
Biscuit base with soft
cheese and fruit
topping

**Chocolate
Brownie**
Served with
Orange Slices

**Cookie and
Shake**
Oat Cookie &
Chocolate Milkshake

The Finale

▲ Meat ▼ Veggie ♦ Jacket Potato ■ Packed Lunch

Spring/Summer
2020

FOOD FESTIVAL

BY ASPENS

9th March, 30th March, 20th April, 11th May, 1st June, 22nd June, 13th July,
24th August, 14th Sept

WEEK
TWO

MONDAY
Family
Faves

TUESDAY
Authentic
Italian

WEDNESDAY
Baking
British

THURSDAY
Food
Festival

FRIDAY
Fun
Day

Main Event

All Day Breakfast
Grilled pork sausage,
baked beans, tomato
and hash brown with
bread and butter ▼

Firecracker Pizza
Healthy pizza with a
hint of chilli
with mixed salad
and wedges ▼

Baked Gammon
Baked gammon with
crispy roasties,
broccoli
and gravy ▼

Chicken Korma
Marinated chicken
thigh pieces in
coconut curry sauce
with rice and
sweetcorn ▼

Breaded Pollock
Lightly breaded white
fish fillet
chips and peas

Vegetarian Section

**Veggie All Day
Breakfast**
Veggie sausage,
baked beans, tomato
and hash brown with
bread and butter ▼

Pasta Bake
Wholemeal Pasta with wholemeal pastry with
fresh basil tomato
sauce and cheese
with wedges ▼

Cheddar Quiche
Wholemeal pastry with
cheese and onion
filling with crispy
roasties and broccoli

Cauliflower Jalfrezi
Lightly spiced
cauliflower and lentil
curry with rice and
sweetcorn ▼

Beany Wrap
Wholemeal wrap
stuffed with baked
beans and cheese ▼

Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit ■

Jacket Potatoes

Crispy Skin Jacket Potato with Toppings ◆

Banana Loaf

Anginetti

Eton Mess

**Carrot and
Pineapple Muffin**

**Cookie and
Shake**

The Finale

Fruity banana bread
cake

Italian lemon drop
biscuits

Crushed meringue
and berry rippled
cream

Ginger Cookie and
Vanilla Honey Shake

▲ Meat ▼ Veggie ◆ Jacket Potato ■ Packed Lunch

Spring/Summer
2020

FOOD FESTIVAL

BY ASPENS

16th March, 6th April, 27th April, 18th May, 8th June, 29th June, 20th July,
31st August, 21st Sept

WEEK
THREE

MONDAY
Family
Faves

TUESDAY
Authentic
Italian

WEDNESDAY
Baking
British

THURSDAY
Food
Festival

FRIDAY
Fun
Day

Main
Event

Pizza Whirl

Cheesy pizza roll with
tomato filling
cobb salad and
wedges

Lasagne

Beef Bolognese
layered with pasta
topped with white
sauce, garlic slice and
house salad

Roast Chicken

Boneless chicken with
mash, fresh carrots
and gravy

Chinese Chicken
Curry

Marinated chicken
thighs with curry
sauce and rice

Fishcakes

Mini white fish
fishcakes with chips
and peas

Vegetarian
Section

Macaroni Cheese Vegetable Lasagne

Baked cheesy pasta
with a crunch
topping and mixed
salad and wedges

Quorn Roast

Quorn with mash,
fresh carrots
and gravy

Beany Enchilada

Mild chilli beans,
peppers and onions
with rice and
sweetcorn

Vegan Sausage Puff

Quorn sausage
wrapped in puff pastry
with chips and peas

Packed
Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

Jacket
Potatoes

Crispy Skin Jacket Potato with Toppings

The Finale

Italian Crumble
Cake

Crumble top and
bottom filled with
apples served with
custard

Jelly and
Fruit

Fruit flavoured jelly
with extra fruit

Ice Cream
Tub

Vanilla ice cream with
fruity toppings

Apple
Flapjack

Oats, apples and
syrup home baked in
a chewy bar

Cookie
and Shake

Lemon Cookie and
Berry Milkshake

▲ Meat ▼ Veggie ♦ Jacket Potato ● Packed lunch