

Learning Project WEEK 6- Food online

Age Range: EYFS

Weekly Maths Tasks

Watch a Numberblocks clip each day at: [BBC](#) or [CBeebies](#). Use this guide [here](#) to give you ideas on what to do with your children whilst watching an episode.

Working on www.sumdog.com - your child will have an individual login to access this.

Play the add and subtract games.

Explore weighing and measuring food on the kitchen scales. Ask, what happens as you place more on the scales?

Look for numerals on packaging you find around the house. Can your child recognise the numerals and count out a matching amount?

[White Rose Weekly Maths](#) [White Rose Maths](#) -click for Summer Term guidance.

Number bonds to 5

Play Bunny Ears



Using 2 hands to be the ears, how many ways can you show 5? Can you see what number I have made? Can you make ears the same as mine? Can you make the same number in a different way?

Sort packaging by their 3d shape

of 3-D shapes.



A variety of everyday objects in different shapes and sizes such as boxes, tubes, balls etc.

Weekly Phonics Tasks (Aim to do 1 per day)

Sing Nursery Rhymes and songs together. Add in actions and change the words. Can children think of different rhyming words to add in? Repeat old favourites and learn new rhymes. You can find an A-Z of [Nursery Rhymes](#).

Ten green bottles

Ten green bottles sitting on the wall,
Ten green bottles sitting on the wall,
And if one green bottle should accidentally fall,
There'll be nine green bottles sitting on the wall.



A Sailor Went To Sea, Sea, Sea

A sailor went to sea, sea, sea.
To see what he could see, see, see.
But all that he could see, see, see.
Was the bottom of the deep blue sea, sea, sea



Weekly Reading Tasks (Aim to do 1 per day)

Read a variety of books at home. Favourites can be repeated. Hearing the patterns of language in a story will support your child's language development.

Reception age children: Children to read to parents daily. Visit Oxford Owl for free eBooks that link to your child's book band. You can create a [free account](#). Complete the linked Play activities for each book.

With your child, look in magazines, newspapers and books for the tricky words they are currently learning. They could use a highlighter to highlight in magazines and newspapers.

Look at recipe books and food magazines. Encourage your child to use their phonics knowledge to decode the ingredients list. Select a recipe and make this together. Encourage your child to read the labels on packaging to figure out which ingredient it is.

Select three high frequency words your child is not confident with to learn.

Daily phonics - practice the sounds your child is working on and blend words. This can be oral blending (e.g. spoken out loud c-a-t) or written if appropriate. [Interactive games](#).

- **Monday** - 'oy' (two letters one sound, digraph)
Watch <https://www.youtube.com/watch?v=aodJQr-WJLk>

Reinforce, another way to make 'oi'
Say it. 'oy' same action (cup mouth with hands)

Can you think of any words with the 'oy' sound in?

Sound out the words below and then write.

Boy, toy, joy

- **Tuesday** - 'ea' (two letters one sound, digraph)
Watch <https://www.youtube.com/watch?v=L6F4KRdhqak>

Reinforce, another way to make 'ee'
Say it. 'ea' same action (donkey ears hands on head)

Can you think of any words with the 'ea' sound in?

Sound out the words below and then write.

Tea, steam, meat, leaf

- **Wednesday** 'ir' (two letters one sound, digraph)
Watch https://www.youtube.com/watch?v=7ta_KKU-98

Reinforce, another way to make 'er'
Say it. 'ir' same action (circle hands like a mixer)

Can you think of any words with the 'ir' sound in?

Sound out the words below and then write.

Girl, bird, shirt, dirt

- **Thursday** 'ur' (two letters one sound, digraph)
Watch https://www.youtube.com/watch?v=7ta_KKU-98

Reinforce, another way to make 'er' 'ir'
Say it. 'ur' same action (circle hands like a mixer)

Can you think of any words with the 'ur' sound in?

Sound out the words below and then write.

Fur, turn, burn, hurt

- **Friday** 'igh' (three letters one sound, trigraph)
Watch <https://www.youtube.com/watch?v=OYCR2RZ4ZYU>

Reinforce, another way to make 'ie'
Say it. 'igh' same action (salute)

Can you think of any words with the 'igh' sound in?

Sound out the words below and then write.

high, light, night, bright

100 High Frequency Words

a	children	her	look	on	there
about	come	here	looked	one	they
all	could	him	made	out	this
an	dad	his	make	people	time
and	day	house	me	put	to
are	do	I	Mrs	said	too
as	don't	I'm	mum	saw	up
asked	down	if	my	see	very
at	for	in	no	she	was
back	from	into	not	some	we
be	get	is	now	so	went
big	go	it	off	same	were
but	got	it's	of	that	what
by	had	just	oh	the	when
called	have	like	old	their	will
came	he	little		them	with
can	help			then	you

Weekly Writing Tasks (Aim to do 1 per day)

Practice name writing. Can they write their first name? Middle name? Surname?

Practice forming the letters of the alphabet. Follow your school's script.



Ask your child to write out the tricky words they are working on at the moment on pieces of paper and turn them into a pairs game.

Practice tricky words: we, she, I, he, me, the, was, do be, to, are, all, here, you, some

Using recipes from books as a guide, ask your child to create their own recipe for their dream meal. They could draw out the ingredients and label them and draw the finished meal. Some children may be able to write a few short sentences as instructions.

Look at a range of different packages found around the kitchen. Discuss with your child what makes it stand out to a customer. Support them to design a package for a treat of their choice.

Make a food diary see learning project below.

Pour flour, rice or lentils into a shallow tray or plate. Show your child a letter, digraph, trigraph or tricky word and ask them to 'write it' in the food using their finger.



Learning Project - to be done throughout the week

The project this week aims to provide opportunities for your child to learn more food. Learning may focus on where different foods originate from, what makes a healthy meal, opportunities to cook etc.

- **Healthy/ Unhealthy-**
 - Provide your child with a selection of items from your kitchen cupboards. Can they sort them into things that are healthy and unhealthy? Discuss why the food is good for you or bad for you. Look at the [Eatwell plate](#) to help figure out which foods they should eat a lot of or not very much of.
 - Discuss how exercise is an important part of staying healthy. Watch and complete a 10 minute [shake up](#).
- **5 a day-**
 - Support your child to create a food diary to record how many pieces of fruit and vegetables they eat in a day. They could write these using their phonics knowledge or draw a picture of each item.
- **Create a collage-**
 - Ask your child to draw out a number of fruits or vegetables, large enough to fill a piece of A4 paper. Provide them with a selection of colourful packaging. Can they cut out and collage on to their picture to
- **Play shops-**
 - Using toy food or old packaging, set up a food shop for your child to act out being the shopkeeper and customer. You could introduce coins to support their developing knowledge of money. Give them a notepad to use as a shopping list to encourage in the moment writing.

- **Potato/ Vegetable Printing-**

- Using a selection of vegetables available in your kitchen, support your child to print and explore the shapes and patterns created:



- **Make cornflour gloop-**

- Mix cornflour with a small amount of water in a mixing bowl. It will make a slimy, stretchy mixture. Allow your child to explore the change of texture from wet to dry and the texture of the gloop.

Additional learning resources parents may wish to engage with

[Classroom Secrets Learning Packs](#) - These packs are split into different year groups and include activities linked to reading, writing, maths and practical ideas you can do around the home.

[Twinkl](#) - to access these resources click on the link and sign up using your own email address and creating your own password. Use the offer code UKTWINKLHELPS.

[Headteacherchat](#) - This is a blog that has links to various learning platforms. Lots of these are free to access.

[White Rose Weekly Maths](#) **[White Rose Maths](#)** -click for Spring Term guidance.

Staying active is really important when you are at home.

There are lots of resources, here are just a few to use! Just click on the link to the website below.

[Go Noodle](#)

[Super movers!](#)

[Cosmic Kids Yoga](#)

#TheLearningProjects