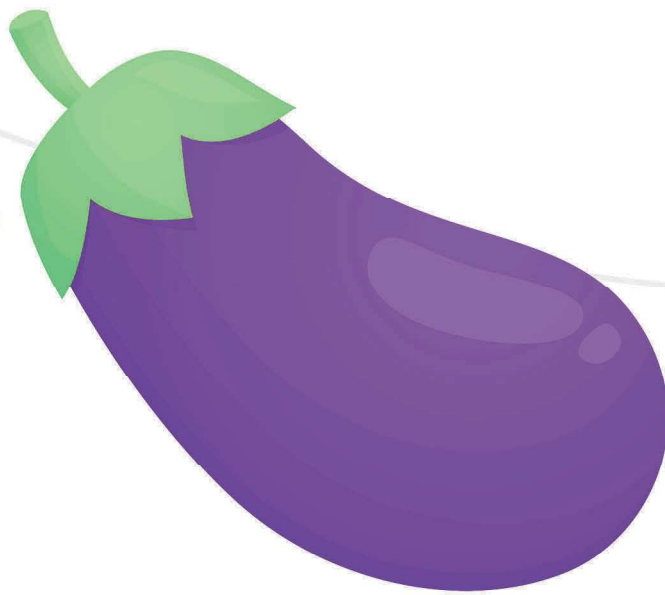


FOOD FESTIVAL

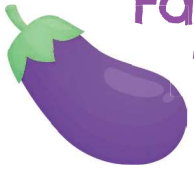
By Aspens

August



Aubergine

Aubergine



Fact 1 Aubergines are also known as Eggplants.



They are closely related to potatoes and tomatoes, but don't resemble them at all. **Fact 2**



Fact 3 Aubergines belong to the deadly nightshade family – however, they are very safe to eat.



They are a fruit, not a vegetable. **Fact 4**



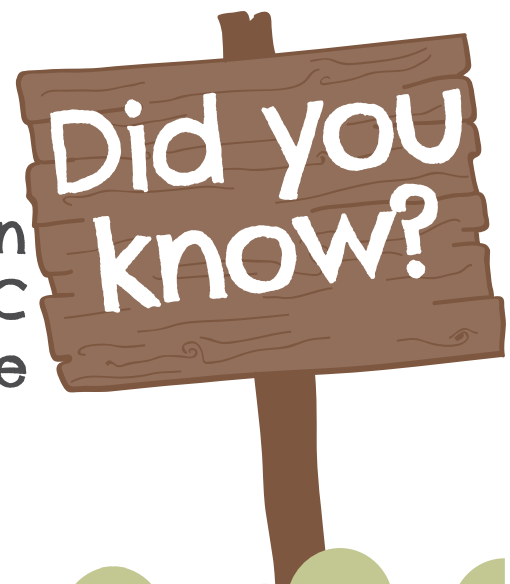
Fact 5 Although most of them are purple and oval to pear-shaped, you can get white, lavender or red striped long sausage-like types from time to time.



Fact 6

International Fact

They were being cultivated in China as early as 600 BC but it's thought that we originated in India before that.





FOOD FESTIVAL

By Aspens

Can you count the fruit and vegetables?



We have fruit and vegetables everywhere!
Can you count how many of each we have?

Do you know what they are? Write them underneath the picture.



-



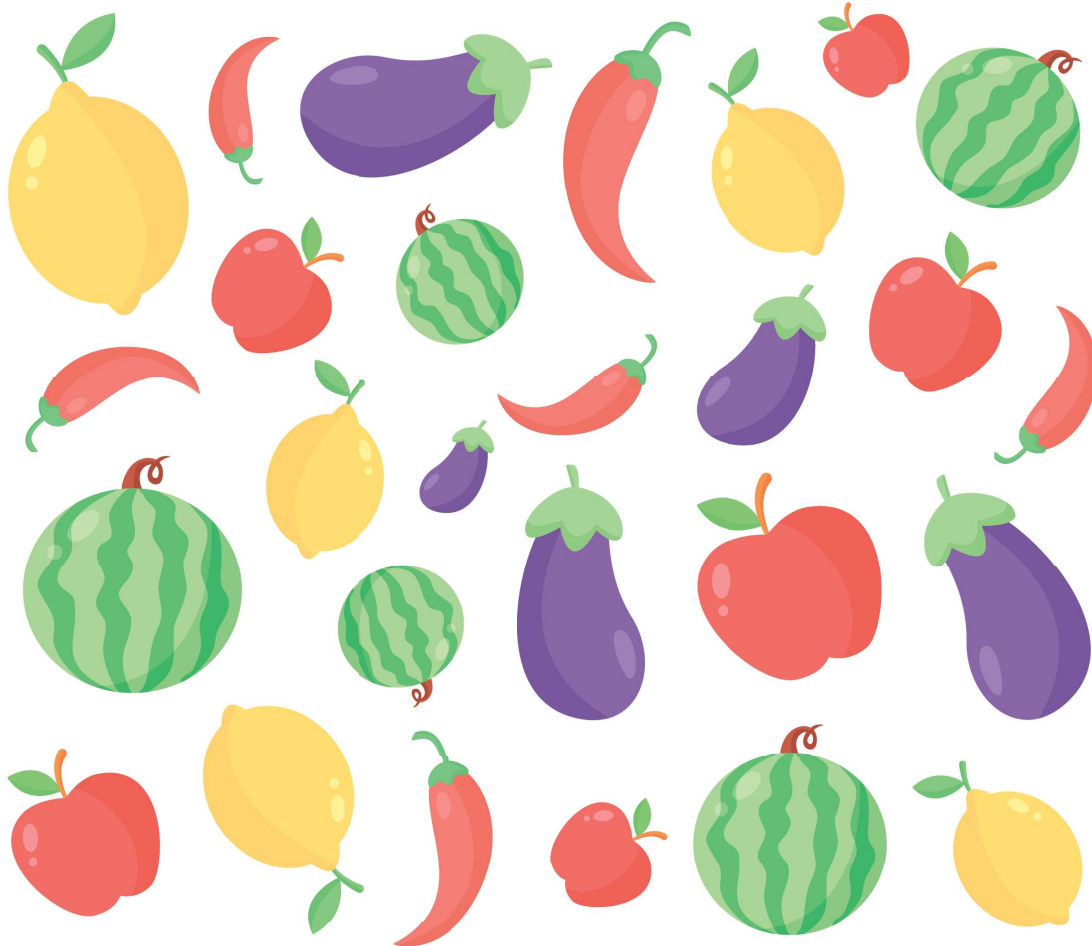
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-



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What are they called?











Name:

School Name:

Class:



FOOD FESTIVAL

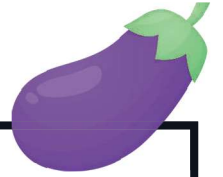
By Aspens

Recipe from Home

Tell us your favourite recipe from home and hand it to a member of the Aspens Team. Make sure it includes AUBERGINES! The winning dish will feature on our menu.

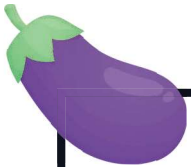


NAME OF DISH



INGREDIENTS

METHOD



Name:

School Name:

Class: